

Spa juice menu

Ocean Basic

Apple, Carrots

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur.

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ☆ ☆ ☆
Digestion	★ ★ ☆ ☆ ☆
Skin	★ ★ ★ ★ ☆

Sweet C too

Apple, Orange

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur.

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ☆ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ☆ ☆ ☆ ☆
Skin	★ ★ ★ ☆ ☆

Grape ape

Apple, Red Grapes, Nectarine.

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur, Vitamin E, Manganese.

Energy	★ ★ ★ ★ ★
Detox	★ ★ ★ ☆ ☆
Immunity	★ ★ ★ ☆ ☆
Digestion	★ ☆ ☆ ☆ ☆
Skin	★ ★ ★ ★ ☆

Grapefruit tonic

Grapefruits, teaspoon spirulina

Nutrients

Beta carotene, Folic Acid, Vitamins B1, B3, B5, B6 and C, Calcium, Iron, Magnesium, Phosphorus, Potassium, Sodium, Sulphur, Protein, Essential fatty acids.

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ☆ ☆
Digestion	★ ☆ ☆ ☆ ☆
Skin	★ ★ ★ ★ ☆

Surprising Sweetie

Grapefruit, lemon, Peach

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur, Vitamin B3.

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ☆ ☆ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ☆ ☆ ☆
Skin	★ ★ ★ ★ ★

Orange Morning

Grapefruit, Carrots, Ginger Roots

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ☆ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ★ ☆ ☆
Skin	★ ★ ★ ☆ ☆

Orange Basic

Orange, Apple, Carrot, Stick celery, Ginger Root

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ☆ ☆ ☆
Skin	★ ★ ★ ☆ ☆

Bright Orange

Orange, Carrot

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ☆ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ☆ ☆ ☆ ☆
Skin	★ ★ ★ ☆ ☆

Morning Berry

Apple, Orange, Teaspoon Spirulina

Nutrients

Beta carotene, Folic Acid, Vitamins B1, B3, B5, B6 and C, Calcium, Iron, Magnesium, Phosphorus, Potassium, Sodium, Sulphur, Protein, Essential fatty acids.

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ☆ ☆
Digestion	★ ☆ ☆ ☆ ☆
Skin	★ ★ ★ ★ ☆

Bloody Pineapple

Pineapple, Beetroot

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ☆ ☆
Digestion	★ ★ ★ ★ ☆
Skin	★ ★ ★ ★ ☆

Pineapple Basic

Pineapple, Apple, Carrot, Celery

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ★ ★ ☆
Skin	★ ★ ★ ☆ ☆

Breath freshener

Carrot, Parsley

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ☆ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ★ ★ ☆
Skin	★ ★ ★ ★ ☆

Veggie Carotene

Carrot, Red bell pepper, broccoli, Potato

Nutrients

Beta Carotene, Folic Acid, Vitamin C, B5 & E, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ☆ ☆
Immunity	★ ★ ★ ★ ★
Digestion	★ ★ ★ ☆ ☆
Skin	★ ★ ★ ★ ★

Bloody Carrot

Carrot, Beetroot, Celery, Lime

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ☆ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ☆ ☆ ☆
Skin	★ ★ ★ ★ ☆

Water Water

Cucumber, Watermelon

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Vitamin B5, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ☆ ☆ ☆
Skin	★ ★ ★ ☆ ☆

Mellow Melon

Cucumber, Melon, Pear, Mint leaves

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ☆ ☆
Digestion	★ ★ ★ ☆ ☆
Skin	★ ★ ★ ☆ ☆

Green 'n' Pear it

Broccoli, Celery, Pear

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Vitamin B5, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ☆ ☆
Detox	★ ★ ★ ★ ★
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ★ ★ ☆
Skin	★ ★ ★ ★ ☆

Beet Basic

Beetroot, Carrot, Apple, Orange, Celery, Ginger

Nutrients

Beta Carotene, Folic Acid, Vitamin C, Calcium, Magnesium, Phosphorus, Potassium, Sodium, Sulphur

Energy	★ ★ ★ ★ ☆
Detox	★ ★ ★ ★ ☆
Immunity	★ ★ ★ ★ ☆
Digestion	★ ★ ★ ☆ ☆
Skin	★ ★ ★ ★ ☆