Over Water Bar Food Menu



"My food was regulated thus; I eat a bunch of raisins for my breakfast, a piece of the goat's flesh, or the turtle for my dinner broil'd; for to my great misfortune, I had no vessel to boil or stew any thing; and two or three of the turtle's eggs for my supper".

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HARI'S SUPER FOOD

Exotic

Marinated olives, heirloom tomato, stuffed wine leaves, couscous, hummus, celery, Gili garden mint, avocado, pomegranate, feta cheese, walnut, molasses, pita bread

Local

Marinated tuna, coconut, onion, tomato, Gili garden beach lettuce, chili, sweet potato, local spices, yellow rice, local pine nut, lime dressing, chappati

Spicy & Spices

Green papaya, fried tofu, Gili garden coriander, mint, long beans, cherry tomato, green curry sauce, peanut bread

Roasted Veggies

Roasted butter squash, bell pepper, carrot, beetroot, orange, chickpeas, balsamic, garden green tahini, goats cheese, buckwheat, flax bread

Greens

Marinated avocado, quinoa, Gili garden rucola, cucumber, celery, broccoli, grilled asparagus, sprouts, pumpkin seed, garden pesto, sourdough bread

25

Choice of Top

Poached Egg (2nos)	Seared Tuna Belly (100gm)	
8	<i>I2</i>	
Chicken Satay (4nos)	Grilled Tiger Prawns (3nos)	
12	15	
Steamed Chicken Drumstick (2nos)	Seared Beef Fillet (100gm)	
12	20	
Steamed or Grilled Reef Fish (100gm)	Smoked Salmon (100gm)	
12	18	

Lava Grill

Starter & Soup

Organic Fresh Salad

Organic Gili garden leaves, grilled local vegetables, pumpkin seeds, pine nuts, coconut shavings, coconut vinaigrette

22

Avocado & Burrata Caprese Salad

Avocado, plum tomato, burrata, garden arugula, basil pesto, balsamic, garlic oil 2 8

Angus Beef Tartare

Angus beef, quail egg, capers, shaved Parmigiano-Reggiano, garden cress, horseradish

35

Gili Reef Fish Ceviche

Slice of local reef fish, garden fennel pollen, lime, chili, extra virgin olive oil

32

French Onion Soup

Caramelized onion, garden thyme, meat broth, gratin cheese, croutons

28

Gili Seafood Bisque

Seared local seafood, celery, saffron rouille

38

Main Course

Angus Beef Tenderloin	n (180g) 78	Chicken Breast	(180g)	38
Angus Beef Rib-Eye	(200g) 65	Tuna Belly	(165g)	40
Iberico Pork Cutlet	(400g) <i>65</i>	Reef Fish	(165g)	42
Lamb Rack	(200g) 62	Potato Rosti	(V)	30

All main courses are served with Gili garden chimichurri, roasted garlic, tomato, and your choice of one sauce and one accompaniment

SauceAccompanimentMaldivian light curry sauceGarlic Mashed PotatoPeppercorn sauceGrilled VegetablesHorseradish sauceSteamed VegetablesBearnaise sauceBaked Potato LyonnaiseMushroom saucePotato French Fries

Truffle jus Red wine jus



Salads

Organic Garden Salad

Green leaves, cucumber, roasted vegetables, olives, tomato, local pine nuts, flax seeds, marinated artichoke, Gili basil pesto 24

Healthy Salad

Avocado, beetroot, spinach, broccoli, carrot, coconut, mushrooms, pomegranate, tomato, walnuts, olive oil, balsamic vinegar, chia, sunflower, and pumpkin seeds

25

Classic Caesar Salad

Caesar dressing, confit garlic, croutons, anchovies, parmesan, bacon, and boiled eggs 26

add tiger prawns – 16 add chicken breast – 14

Local Tuna Salad

Seared tuna, tuna confit, fresh coconut, red onion, katta sambol, tomato, beach lettuce, red radicchio, curry leaves, lemon dressing 30

Thai Papaya Salad

King prawns, green beans, organic garden mint, coriander, chili, lime dressing 31

Soups

Italian Minestrone

Vegetables, legumes, herbs, olive oil 27

Tomato Gazpacho

Chilled tomato and cucumber, Jerez vinegar, herbed croutons

25

Yellow Lentil

Green onion, fresh coriander, masala spices, jasmine rice

25

Tom Yum Goong

Prawns, mushrooms, galangal, lemongrass, cherry tomatoes, coriander, long chilies, kaffir lime leaves

31

Appetizers

Burrata and Tomato

Heirloom tomato, organic spinach leaves, garden basil pesto, extra-virgin olive oil 31

Sashimi Platter (14 pcs)

Sliced fresh local reef fish and tuna fillet, soy sauce, pickled ginger, wasabi 29

Vietnamese Rolls

Rice paper, cucumber, mango, carrot, mint, coriander, lettuce, tamarind peanut sauce 29

Mediterranean Tapas

Hummus, olives & feta, roasted eggplant, labneh, stuffed grape leaf, tabbouleh, pita bread, fried chickpea patty, fattoush salad 32



Fish & Seafood

Local Job Fish Fillet

Local vegetable "nage", pumpkin purée, moringa leaf Available steamed or grilled 42

Seafood Platter

Reef fish, tuna, cuttlefish, scallop, green mussels, king prawn, octopus, garden salad, coriander rice, curry sauce 60

Tuna Belly or Loin

Grilled green asparagus, crushed potatoes with garlic chives, olives, garden pesto 44

Salmon Fillet

Garlic spinach, creamy potato, lemon caper sauce 47

Whole Maldivian Lobster

Green beans, herbed butter, cherry tomato salad, garlic rice, tarragon sauce 120

Meat & Poultry

Slow Cooked Chicken Breast

Garden spinach, asparagus, mashed potato, goats' cheese, cherry tomato, chicken jus 45

Barbeque Beer Pork Ribs

Grilled corn on the cob, green apple & radish salad 48

Grilled Lamb Chops

Organic vegetable ratatouille, parmesan gnocchi, thyme sauce 65

Beef Rib-Eye

Sautéed mushrooms, onions, baked potato, sour cream, garlic chives, rosemary sauce 65

Beef Tenderloin

Truffle mash, parsnip, garlic broccoli, garden herb jus 85

Side Dishes

White rice, sautéed spinach, roasted pumpkin, steamed vegetables, buttered green beans, sautéed potato, mashed potato, finger chips, sweet potato fries, seasonal vegetables

10 each



Pasta & Risotto

Seafood Penne Arrabiata

Prawns, calamari, mussels, clams, reef fish, garlic, tomato sauce, fresh chili, parsley 46

Lasagne Alla Bolognese

Beef and tomato sauce, parmesan cheese 44

Create your own Pasta

Linguine, Penne, or Spaghetti Sauce: Pesto, Bolognaise, Tomato, Carbonara, Aglio e Olio 36

Prawn & Chorizo Risotto

Goats` cheese, Blue cheese, Parmesan, Green peas
40

Mushrooms Risotto

Medley of mushrooms, herbed cheese, lemon
35

Buckwheat Risotto

Garden spinach, garlic, cherry tomato, leek, sage, freshly grated coconut 30

Asian Specialties

Spicy Satay Selection

Chicken, beef, prawns, peanut and plum sauce, garlic sticky rice 38

Nasi Goreng

Fried rice with vegetables, shrimp, fried egg, chicken satay, spicy peanut sauce, prawn crackers 38

Grilled Jumbo Prawns

Vegetable fried noodles, grilled prawns, spring onion 48

Maldivian Fish Curry

Local reef fish, coconut rice, chapatti, papadam, sambal 34

Chicken Chettinad

Spicy South Indian curry, basmati rice, chapatti, papadam, chutney 34

Local Vegetable Curry

Mixed vegetables curry, organic papaya rice, chapatti, papadam, pickles 28

Mix and Match:

Stir-fried noodles or rice with your choice of:

Chicken – 38 Seafood – 38 Beef – 38 Mixed Vegetables – 32



Sandwiches & Burgers

Club Sandwich

White or brown bread, steamed chicken, tomato, cucumber, avocado, pork bacon, fried egg, tartar sauce

Fish Tacos

Flour tortilla, mango salsa, coriander, red onion, curry marinated local reef fish, 34

Chicken Fajitas Wrap

Roasted chicken, capsicum, emmental cheese, jalapenos, soft tortilla, guacamole 32

Grilled Ham & Cheese

White or brown bread, pork ham, Gouda cheese, Dijon mustard, fried egg 29

Vegetarian Burger

Curry potato patty, avocado, plum tomato, mango chutney, green papaya coleslaw 30

Mango Salsa Burger

Seared local tuna steak -32Fried Chicken -32

Khulafilla salad with onion, mango salsa, coconut, kata sambal, white bun

Beef Cheeseburger

Prime Angus Beef – 35 Wagyu Beef – 52

Double beef patty, lettuce, grilled onion, plum tomato, gherkins, cheddar cheese, coleslaw, charcoal bun

Extras:

Pork bacon – 4
Fried egg – 2
Cheese – 3

All sandwiches and burgers are accompanied by an organic garden salad or your choice of rustic potatoes, finger chips, or potato wedges.



Homemade Pizza

Maldivian

Local tuna, coconut, beach lettuce, katta sambal, mozzarella, fresh chili, red onion

33

Focaccia

Garlic, extra virgin olive oil, fresh rosemary, sea salt flakes
18

Funghi

Mushrooms, tomato sauce, mozzarella, garlic, parsley

33

Quattro Formaggi

Parmesan, gorgonzola, emmental, mozzarella, tomato sauce, basil

33

Margherita

Tomato sauce, mozzarella, organic basil

31

Pepperoni

Spicy chorizo salami, tomato sauce, mozzarella, red onion, beach lettuce

33

Create Your Own Pizza

Your Choice of 4 toppings

Artichoke, mushroom, onion, tomato, avocado, olives, ham, chicken, prawn, anchovies, tuna, salami, pepperoni, sausage, pineapple, goats' cheese, blue cheese



Desserts

Mango Crème Brûlée

Coconut cinnamon macaroon, basil mango salsa

26

Caramel Date Cake

Bananas, salted caramel sauce, whipped cream

25

Selection of International Cheeses

Crackers, dried fruits

40

Gili Magnum Bar

Valrhona chocolate cream, coffee micro sponge, raspberry gel

32

Passion Fruit Tart

Garden fennel citrus mélange, dehydrated vanilla meringue

25

White Chocolate Cheesecake

Sour cream, Lemon Curd, Brandy Snap

26

Asian Market Fruits

Selection of seasonal fresh fruits

32

Fruit Platter Extravaganza

*Ideal for sharing*Selection of seasonal fresh fruits, dried fruits, nuts

41



Our Homemade Sorbet

Coconut Lime
Dark Chocolate Mandarin
Guava Mango
Lemon basil Pandan leaf
Lemongrass Passion fruit

Raspberry Strawberry Yuzu

6 per scoop

Our Homemade Ice Cream

Cinnamon Nougat Strawberry
Coffee Pistachio Vanilla
Dates & Banana Rose Wasabi
Dark Chocolate Rum & Raisin White Sesame

Green Tea Salted Caramel Hazelnut Stracciatella

6 per scoop

Toppings

Berry compote Coconut crumbles Roasted mixed nuts
Caramel sauce Homemade muesli Strawberry coulis
Chocolate chips Mango coulis Vanilla coulis
Chocolate crumbles Mixed fruit salad Whipped cream
Chocolate shavings Raspberry coulis Hot chocolate

Seafood Under the Stars

AMUSE BOUCHE

STARTER

Tartar Ali's Catch of the Day

Pickled vegetable and garden herbs

MAIN COURSE

The Gili Seafood Basket

Lobster, scallops, prawns, mussels, clams, reef fish, tortellini

DESSERT

Pastry Degustation

Chocolate, brûlée, mousse, sorbet

or

Charlotte Exotique

Tropical cremeux, mango and cilantro crud,

Lemon and lime mousse, passion fruit glacage with lemongrass sorbet

\$220 per person