

Visiting Wellness Practitioner

Aleksandar Savov

Aleksandar Savov is an experienced Massage Practitioner and Sound Healing Specialist with a demonstrated history of over 20 years in the health and wellness industry. He is skilled in a variety of techniques, including Singing Bowls treatments, Thai massage, Therapeutic Deep Tissue, Ayurvedic massages, Lomi-Lomi, and Cupping therapy, seamlessly fusing them into his own unique style.

Aleksandar holds a master's degree focused on Kinesiotherapy, further enhancing his expertise in the field. Throughout his career, he has been dedicated to helping individuals improve their well-being through the power of massage and sound healing. His passion for these holistic practices has led him to refine his skills and develop a deep understanding of their therapeutic benefits.

He remains committed to promoting wellness and providing exceptional care to those seeking physical and mental rejuvenation.



Join Alex for Healing Sound Journey to start your amazing day

Healing Sound Journey

Monday and Friday

Calming the mind with divine sounds of the harmonic Tibetan bowls and the powerful Gong sound sets a beautiful path to a health and wisdom for the day ahead.

We will unite our energies to create real magic.

Time: 07:00 -07:45 a.m.

Venue: Yoga Champa

(Complimentary)

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The Art of Massage by Alex

The art of massage is one of the subtlest, combining deep human anatomical knowledge, love and compassion for the other person. There are different types of massages that Alex can offer and together we will create a signature fusion for you.

Integrative Remedial Massage

The combination of deep tissue massage with Cupping, warm stones and Vibropuncture along with singing bowl techniques, creates a full-body deep bodywork experiences aimed at releasing stiffness, pain and tensions and giving you sensation of comfort and tranquility.

Thai Fusion Massage

The combination of Thai stretching massage, singing bowls and Shiatsu techniques forms a sacred body work experience focusing on energy channels in the body. It incorporates muscle stretches and pressure points to align body and mind into a balanced state.

Therapeutic Head and Neck Massage

Utilizing the therapeutic benefit of Vibropuncture, Kinesiotherapy and Ayurveda techniques. This fusion is focused on releasing trigger points most problematic areas in our body and improve the blood, lymph and energy flow.

Harmony Bliss Massage

A deeply relaxing fusion begin with long stroke of Lomi Lomi, Abhyanga techniques, concluding with Singing Bowl techniques.

This most enjoyable fusion features slow rhythmic movements and gentle sound of singing bowl for a completely calming effect.

Workshop and Classes

Sonic Resonance Therapy

An individual Sound & Vibrational session will focus on Chakras balancing, recovering harmonized energy flow. The soft sounds and deep vibrations help release the emotional blockages and improve connections between both hemispheres of the brain. When it starts to working on alpha and theta waves, it prompts a sense of internal peace. Couples are welcome!

Sound Journey Experience

Sound Healing works on the principle that everything in the Universe is an energy of vibrating matter. Vibration affects us on deep cellular level. The sound we listen to have an impact in our mind, soul and body. Calming the mind with divine sounds of the harmonic Tibetan bowls and the powerful, cleansing sound of the Gong is a beautiful path to achieve health and wisdom.

In the group session, we will unite our energies to create real magic.

Group and family are welcome!



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Integrative Remedial Massage

60 | 90 minutes

250 | 290

Thai Fusion Massage

60 | 90 minutes

250 | 290

Therapeutic Head & Neck Massage

60 | 90 minutes

250 | 290

Harmony Bliss Massage

60 | 90 minutes

250 | 290

Sonic Resonance Therapy

75 minutes

One on One

280

Couple

400

Group Sound Journey Experience

90 minutes

Minimum of 3 person

150 per person

Daily consultations are free of charge.

Advance reservation is essential please contact your Friday or spa at 5457
Price are quoted in USD dollar are subject to 27.6% service charge and goods and service tax