

Visiting Wellness Practitioner Jang Kanlayanee

Jang is originally from Thailand, with a background in Health Science, and 20 years of experience in spa, wellness and hospitality industry. She has worked as Wellness and Holistic Practitioner at several five-star resorts, including Kamalaya Thailand, Soneva Kiri, Six Senses Thailand, Jumeirah Vittaveli Resort in Maldives, One & Only Resort Australia and Museflower Retreat & Spa Chiang Rai Thailand.

Jang is passionate about teaching and training in wellness and yoga therapies, aiming to share her knowledge of restoring balance to body and mind. She believes that when the physical body is healthy, everything else will thrive.



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- ✦ Emotional Released Massage
 - ✦ Body Alignment Massage
 - ✦ Quantum Cranial Crystal Sound Vibration Healing
 - ✦ Chakra Healing with Reiki
 - ✦ Private Yoga

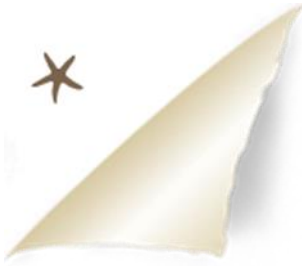
Join Jang for “Tai Chi Experience” to start your amazing day.

Monday and Friday

Time: 07:00 -07:45 a.m.

Venue: Yoga Champa

(Complimentary)



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Emotional Released Massage

This detoxifying and stimulating massage focusses on the abdomen, using hand techniques to release emotional and energetic blockages stored in the internal organs with hands and crystal techniques. It helps relieve stress, improve digestion system, stimulate chakras and enhance overall well-being.

Body Alignment Massage

With many years of experience in bodywork and various therapies, including hammer massage, yoga stretching and chakra alignment through hand and oil massage. Jang creates bespoke treatments tailored to you, helping bring your body and mind back into balance.

Quantum Cranial Crystal Sound Vibration Healing

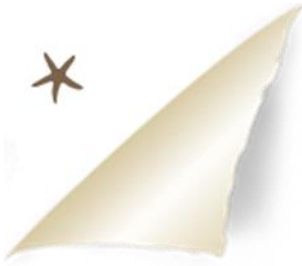
The energy work combines vibration crystal sound healing and cranial relaxation techniques, using finger touch on the meridian lines across various areas of the skull. This helps boost blood circulation to the brain, improving and rebalancing the brain's electrical activity and equilibriums. It also releases negative energy, fostering emotional, mental, and spiritual well-being.

Chakra Healing with Reiki

A powerful holistic therapy that uses both crystal and Reiki energy to balance and align the body's chakras. By placing specific crystal on the chakra points and channeling Reiki energy through gentle touch. It aims to clear blockages, enhance the flow of life force energy and promote relaxation and healing, supports emotional, physical and spiritual well-being.

Private Yoga

Jang is trained in various yoga modalities and is a dedicated practitioner. Whether you prefer a meditative or dynamic class, she will tailor the session to meet your individual needs and experience level.



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Emotional Released Massage	
80 minutes - First session	\$280
50 minutes - Follow up session	\$230
Body Alignment Massage	
80 minutes - First session	\$280
50 minutes - Follow up session	\$230
Quantum Cranial Crystal Sound Vibration Healing	
60 minutes	\$280
Chakra Healing with Reiki	
60 minutes	\$250
Private Yoga	
60 minutes for 2 guests	\$180

Advance reservation is essential please contact your Friday or spa at 5457
Price are quoted in USD dollar are subject to 27.6% service charge and goods and service tax

